



Meeting of the Minds

2024 Missouri Partners in Prevention and
Central College Health Association Annual Conference

Conference Guide

April 4-6, 2024 in St. Louis, Missouri

Be sure to let us know about your session experiences!
Scan here or visit mopiptraining.org/mom/evaluate



Join the Conversation!

#MOMinds24



Annual Spring Conference

Dear Conference Participants,

Welcome to St. Louis for the Annual Meeting of the Minds Conference! On behalf of the conference staff and the many individuals who have worked tirelessly to make this conference a reality, we are thrilled that you chose to join us here this weekend. This year's conference line-up includes a variety of great institutes, educational sessions and keynotes designed to help you learn more about effective prevention strategies and health, wellness, and campus safety topics.

This year, we are excited to be joined by the Central College Health Association for their annual conference. We welcome those attendees joining us from CCHA and hope that you enjoy your Meeting of the Minds experience!

Thank you for joining us for three days packed with fun educational sessions and energizing and inspiring keynote presentations. The conference schedule is full of great sessions relevant to everyone in attendance. Missouri Partners in Prevention and the Central College Health Association have collaborated to bring you some of the best information and experiences available!

We hope you enjoy looking at the great lineup of sessions. We have provided information about CEUs on the website (mopiptraining.org/mom) and the Guidebook app.

If at any time you need special assistance during the conference, please approach any member of the conference staff, wearing "Conference Staff" ribbons on their nametag. We will do our best to make this an enjoyable conference experience for you.

Thank you again for joining us! Enjoy the conference!

Joan Masters
Meeting of the Minds Conference Coordinator
Project Director, Missouri Partners in Prevention
University of Missouri

The 2024 Meeting of the Minds, is planned by Missouri Partners in Prevention, with funding and/or support from the Central College Health Association, Missouri Department of Mental Health, Missouri Department of Health and Senior Services, and the Missouri Department of Transportation.

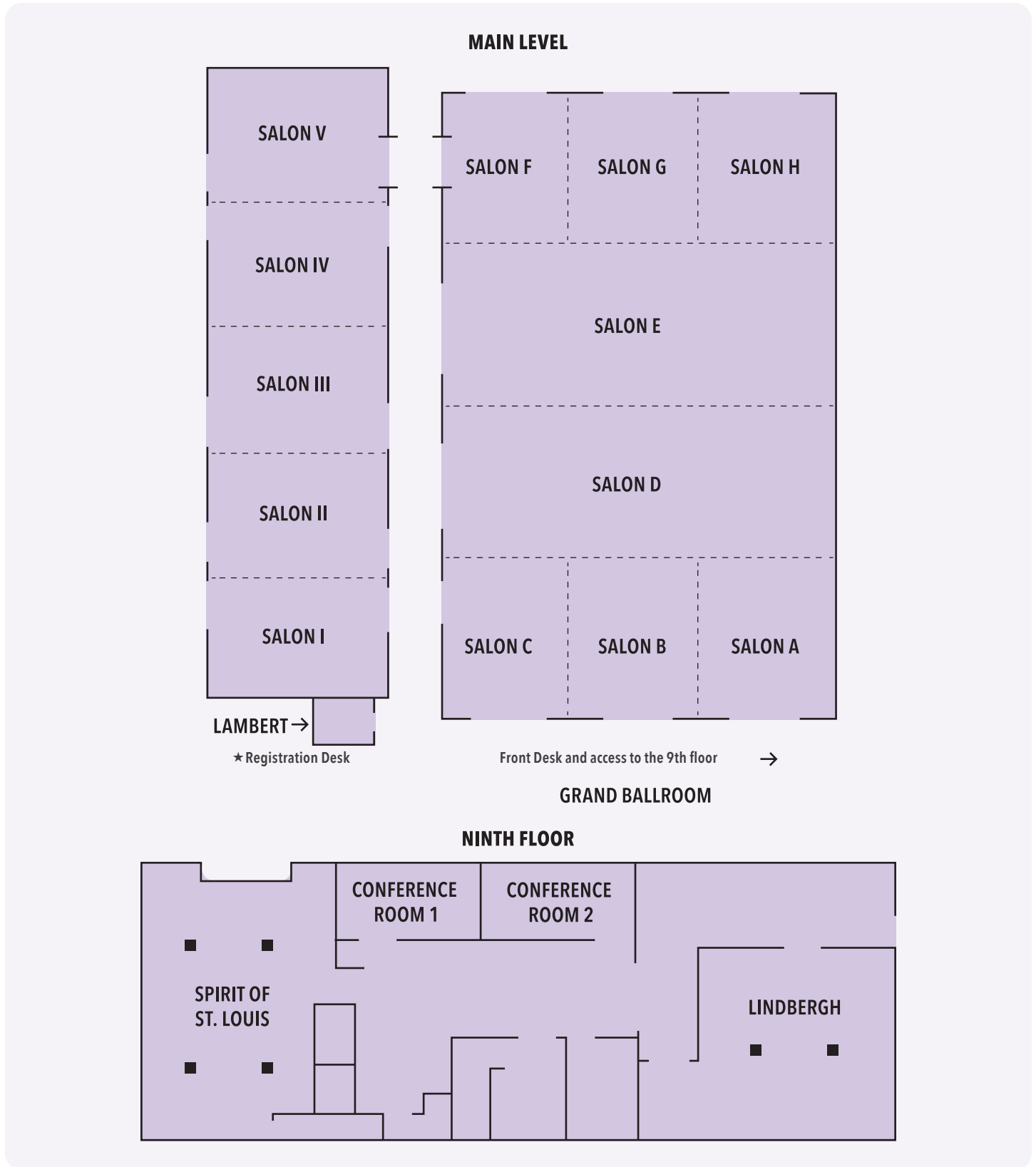
This conference is supported in part by the Centers for Disease Control and Prevention (CDC) of the US Department of Health and Human Services (DHHS) with 2 awards, 1) with a financial assistance award totaling \$98,112 with 100% of that assistance funded by the CDC and DHHS and 2) with a financial assistance award totaling \$1,949,182.00 with 100 percent funded by CDC/HHS. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, the CDC, DHHS, or the US Government.

This project is supported, in part, under grant number 1H79SM08292 from SAMHSA. The views, opinions and content of this are those of the authors and contributors, and do not necessarily reflect the views, opinions, or policies of CMHS, SAMHSA, or HHS, and should not be construed as such.

The law enforcement track is sponsored with federal highway safety funding by the Missouri Department of Transportation.

Missouri Partners in Prevention is partnering with the Central College Health Association as a sponsor of our Health and Well-Being track.

Conference Map



Note: Access the 9th floor rooms from the elevator bank behind the front desk of the hotel.
All-gender restroom available across from the Lambert room.

A portrait of a young Black man with short hair, wearing a purple shirt and a gold chain, looking directly at the camera against a blurred orange background.

988 SUICIDE & CRISIS
LIFELINE
MISSOURI

THERE IS HOPE

CALL, TEXT, OR CHAT 988
for free and confidential support whenever you need it.



Schedule at a Glance

Use this abbreviated schedule for quick reference.

For the most up to date information and session descriptions, please visit mopiptraining.org/mom, Guidebook at guidebook.com/g/momstl24 or the registration desk in the elevator lobby.

Thursday, April 4

- 8:00am-8:00pm Registration Table Open in Lobby Foyer
- 9:00am-5:00pm Extended Conference Institutes
- 1:00pm-5:00pm Conference Workshops and Institutes
- 5:00pm-6:00pm Visit with Exhibitors
- 5:00pm-5:45pm Open 12 Step Meeting
- 6:00pm-8:00pm Dinner and Opening Keynote: Live Your PASSION. Walk in Your PURPOSE. Discover Your POTENTIAL to Change the World!

Friday, April 5

- 7:00am-5:30pm Registration Table and Presenters Table Open
- 7:00am-8:15am Breakfast and Visit with Exhibitors
- 9:30am-12:00pm Speaker Preparation and Attendee Relaxation Room
- 8:15am-9:15am General Session and Morning Keynote: Be Their Hero: Trauma Informed Care
- 9:15am-9:45am Poster Sessions
- 9:45am-10:45am Educational Sessions, Block 1
- 9:45am-12:00pm Extended Session: The Overdose Chain of Survival: Emergency Response in the Fentanyl Era
- 10:45am-11:00am Break with Exhibitors
- 11:00am-12:00pm Educational Sessions, Block 2
- 12:00pm-1:15pm Lunch Roundtables
- 12:00pm-1:15pm CCHA Annual Meeting
- 12:00pm-1:00pm Open 12 Step Meeting
- 1:30pm-2:30pm Educational Sessions, Block 3
- 1:45pm-5:00pm Speaker Preparation and Attendee Relaxation Room
- 2:30pm-2:45pm Break with Exhibitors
- 2:45pm-3:45pm Educational Sessions, Block 4
- 3:45pm-4:00pm Break with Exhibitors
- 4:00pm-5:00pm Educational Sessions, Block 5

Saturday, April 6

- 7:00am-11:00am Registration Table and Presenters Table Open
- 7:00am-8:15am Breakfast
- 8:15am-9:15am Featured Speakers
- 9:15am-9:45am Check out of hotel
- 9:45am-12:00pm Extended Educational Sessions
- 12:00pm-1:00pm Closing Luncheon and Partners in Prevention Awards Ceremony



Join the Conversation!

#MOMinds24

Thursday, April 4

8:00am-5:00pm **Registration Table Open**, [Ballroom Foyer](#)

9:00am-5:00pm **Extended Conference Institute**

SFST Refresher Testing Program, [Spirit of St. Louis, 9th floor](#)

1:00pm-5:00pm **Conference Workshops and Institutes**

- The Hazing Prevention Academy, [Salon 3](#)
- Gaining Confidence in Your Work: Facilitation Skills for Implementation of Evidence-Based Alcohol Interventions, [Salon 5](#)
- Emerging Topics in Student Health and Well-Being, [Salon FG](#)
- Empowering Student Leaders: Fostering Depth in Peer-to-Peer Talks, [Salon H](#)
- Asset Mapping to Increase Collaboration and Support Campus Change, [Salon 4](#)

5:00pm-6:00pm **Visit with Exhibitors**, [Ballroom Foyer](#)

5:00pm-5:45:pm **Open 12 Step Meeting**, [Lambert](#)

6:00pm-8:00pm **Dinner and Keynote**, [Grand Ballroom](#)

Live Your PASSION. Walk in Your PURPOSE. Discover Your POTENTIAL to Change the World!

Ask Listen Refer is
anonymous,
accessible 24/7,
and only takes 15-20
minutes to complete.



ask



listen



refer



Help prevent suicide! Learn more @ asklistenrefer.org

Friday, April 5

7:00am-5:00pm **Registration Table and Presenters Table Open,** [Ballroom Foyer](#)

7:00am-8:15am **Breakfast and Visit with Exhibitors**

8:15am-9:15am **General Session and Morning Keynote,** [Grand Ballroom](#)

Be Their Hero: Trauma Informed Care (breakfast 7:00am - 8:15am)

9:15am-9:45am **Poster Session Presentations**

9:30am-12:00pm **Speaker Preparation and Attendee Relaxation Room,** [Spirit of St. Louis Room, 9th floor](#)

9:45am-10:45am **Educational Sessions, Block 1**

- Beyond #MeToo, [Salon 5](#)
- Culturally Informed Case Management Practices, [Salon 2](#)
- Cannabis Studies: What Traffic Safety Professionals Need to Know, [Salon H](#)
- The Spectrum of Hazing: Research Insights and Implications for Bystander Intervention and Hazing Prevention Education, [Salon 4](#)
- Free EC: Free EC: Community-Driven Access to Reproductive Health Care, [Salon 3](#)
- The College Alcohol Intervention Matrix (CollegeAIM): Understanding Applications to Prevention Planning on Your Campus, [Salon 1](#)
- Fostering a Safer Campus Community: Mental Health First Aid (MHFA) in Higher Education, [Salon F](#)
- Addressing Immunization Compliance When Your International Student Population Multiplies Dramatically, [Salon G](#)

9:45am-12:00pm **Extended Session**

The Overdose Chain of Survival: Emergency Response in the Fentanyl Era, [Lindbergh, 9th floor](#)

10:45am-11:00am **Break with Exhibitors**

11:00am-12:00pm **Educational Sessions, Block 2**

- Managing Increasing Stress, [Salon 2](#)
- Conversations for Suicide Safer Homes: A CALM-informed training, [Salon 3](#)
- The Importance of a Recovery Friendly Environment for Traditionally At-Risk Groups, [Salon 4](#)
- Ring Ring: Balancing Anonymity, Peer Counseling, and Survivor Support, [Salon 5](#)
- Caring for a College, [Salon H](#)
- What's the Big Fat Deal?, [Salon G](#)
- How to Avoid Burnout when you are Everything Health at a Small College, [Salon F](#)
- Clearing the Air: College Campus Policy Trends, [Salon 1](#)

12:00pm-1:15pm **Lunch Roundtables**

Topics:

- Best Practices in Alcohol Prevention, [Salon H](#)
- Peer Leader 101: Strategies, Resources, and Practices for Peer Education, [Salon 2](#)
- Navigating the Landscape of Behavioral Intervention, [Salon 4](#)
- Engage Community Organizers Roundtable, [Salon F](#)
- More than an Athlete: Addressing the Needs of College Athletes, [Salon 1](#)
- Personal Student Podcasting, [Salon 3](#)
- Leveraging Technology for Enhanced Campus Safety: A Guide for Safety and Law Enforcement Officers, [Lindbergh, 9th floor](#)



Join the Conversation!

[#MOMinds24](#)



COLLEGE BEHAVIOR PROFILE & YEAR 1 COLLEGE BEHAVIOR PROFILE

These web-based programs offer personalized normative feedback using brief motivational interviewing to help correct misperceptions students have about alcohol and marijuana use in college including information about risks, social norms, and options for reducing use-related problems and consequences.

FULLY CUSTOMIZABLE | EVIDENCE-BASED



REDUCE HIGH-RISK DRINKING,
MARIJUANA USE, AND
RELATED HARMS



GATHER DATA FOR REPORTS
SUCH AS THE CLERY ACT OR
BIENNIAL REVIEW



REINFORCE LOW-RISK
BEHAVIORS



USE AS A PRE-MATRICULATION
PREVENTION PROGRAM



REAFFIRM DECISIONS TO
ABSTAIN FROM ALCOHOL
AND MARIJUANA



USE ALONE OR WITH
PROGRAMS SUCH AS BASICS,
ASTP, AND CHOICES

Contact us to discuss a customized program for your campus:



Nebraska Collegiate
Prevention Alliance



nepreventionalliance@nebraska.edu



nepreventionalliance.org

12:00pm-1:15pm **CCHA Annual Meeting**, [Salon 5](#)

12:00pm-1:00pm **Open 12 Step Meeting**, [Spirit of St. Louis Room, 9th floor](#)

1:30pm-2:30pm **Educational Sessions, Block 3**

- Developmental Impacts of COVID-19 on Youth & Youth Substance Use, [Salon 1](#)
- Accommodating the Increasing Demand for Mental Health Services by Using a Personalized Care Model, [Salon 3](#)
- Greek 101, [Salon 4](#)
- Expanding Confidentiality: Student Support Services for IdentityBased and Equity Related Trauma, [Salon 5](#)
- Healthy Sleep: The How and Why, [Salon F](#)
- Special Events Management On-Campus and Off-Campus, [Lindbergh, 9th floor](#)
- Mindfulness Matters, [Salon 2](#)
- Twice as Hard: Navigating the Challenge to Support Students When We Need Support Too, [Salon G](#)
- Peer Education: Causing the Change, [Salon H](#)

1:45pm-5:00pm **Speaker Preparation and Attendee Relaxation Room**, [Spirit of St. Louis Room, 9th floor](#)

2:30pm-2:45pm **Break with Exhibitors**

2:45pm-3:45pm **Educational Sessions, Block 4**

- The Importance of Connecting with Incoming Students and Their Families in Substance Use Prevention, [Salon 1](#)
- Suicide Prevention: Building Confidence & Compassion Around a Difficult Conversation, [Salon 2](#)
- 10 Signs of Healthy & Unhealthy Groups: Toolkit, Training, and Facilitation Materials, [Salon 4](#)
- From Good to Great: Elevating Your Facilitation Game in 60 Minutes, [Salon 5](#)
- Nature-Minded Well-Being, [Salon F](#)
- Compliance Check Investigations Review, [Lindbergh, 9th floor](#)
- Enhancing Support for Queer Survivors on College Campuses, [Salon G](#)
- Can We Clear the Smoke?, [Salon 3](#)

3:45pm-4:00pm **Break with Exhibitors**

4:00pm-5:00pm **Educational Sessions, Block 5**

- You Belong Here! Hazing Prevention Education for New Members, [Salon 4](#)
- Supporting Students Mental Wellbeing Through the Transition to College, [Salon 2](#)
- Strengthening Resilience Through an Equitable Community Approach, [Salon 1](#)
- Breaking Up Is Hard To Do- Violence Prevention Through Rejection Focused Messaging, [Salon 5](#)
- The Multi-faceted Advantages of Campus EMS, [Salon 3](#)
- Building a Community of Culturally Competent Student Leaders: the Courageous Leadership Series, [Salon G](#)
- Strategies to Address Tobacco and Alcohol Misuse in Communities, [Lindbergh, 9th floor](#)
- 'DFSCA + Changing Legal Landscape(s) = BRAIN DRAIN, [Salon F](#)



Join the Conversation!

[#MOMinds24](#)

Saturday, April 6

7:00am-11:00am **Registration Table and Presenters Table Open,** [Ballroom Foyer](#)

7:00am-8:15am **Breakfast**

8:15am-9:15am **Featured Speakers**

- Buzzed Brains and Broken Lanes, [Salons 1 and 2](#)
- Caring for Yourself While Caring for Others: Reducing Helper Burnout, [Grand Ballroom](#)

9:15am-9:45am **Check out of hotel**

9:45am-12:00pm **Extended Educational Sessions**

- Body Language of Impairment: Insights from DRE to RN, [Salons 1 and 2](#)
- Engage in Action: Transforming Ideas into Impactful Campus Initiatives, [Salon F](#)
- Supporting the Whole Student: How Campuses Support Fitness and Nutrition through Health Promotion, [Salon 3](#)
- We're All In this Together: Advancing Student Well-being through Health Promotion Strategies & Collective Leadership, [Salon 4](#)
- Safety Matters: Impactful Programming to Address High Risk Alcohol Use and Impaired Driving, [Salon 5](#)
- The 988 Suicide & Crisis Lifeline: Engaging Missouri Communities and Campuses, [Salons GH](#)

12:00pm-1:00pm **Closing Luncheon and Partners in Prevention Awards Ceremony,** [Grand Ballroom](#)

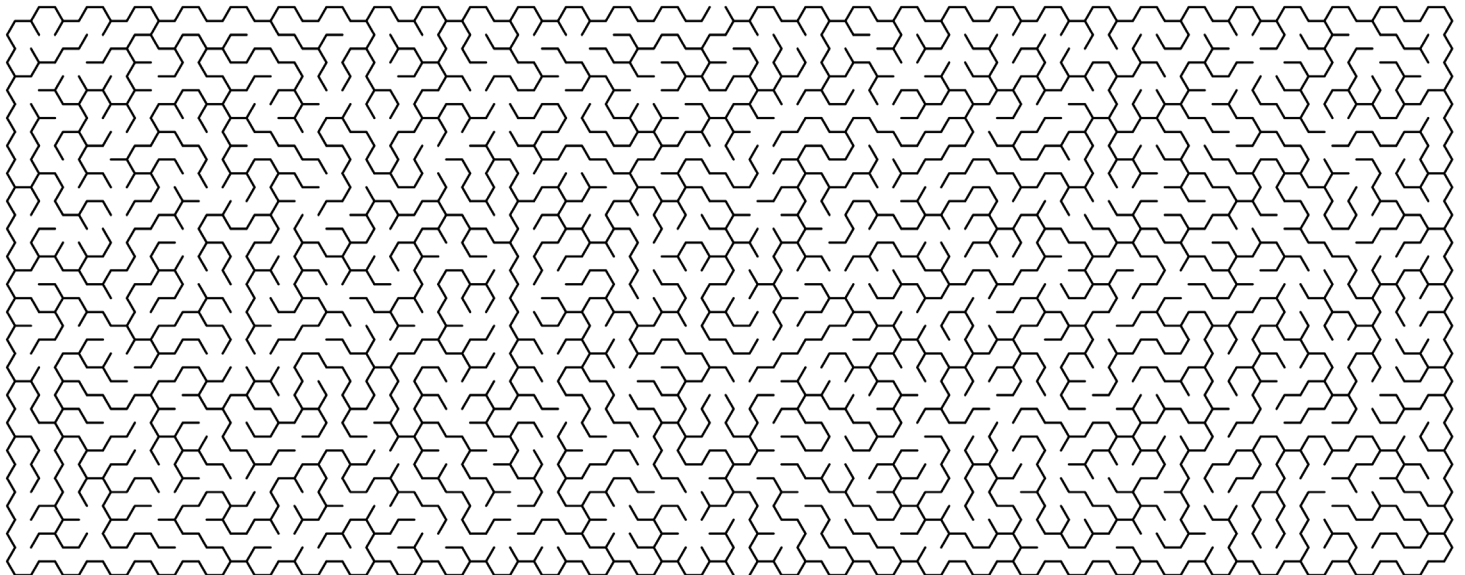
Be sure to let us know about your session experiences!
Scan here or visit mopiptraining.org/mom/evaluate



Need a Break?

M E E T I N G J B N O I S S E S E V E H K X B
C Y N U N B D T T B D Y F X F P A A B G D Q S
D D Z G C Z N V L H K R R S D N E I R F I S X
A J J N L E X G R M X O C I U J S U F W Y F Z
H F N I H Z H X N A G H C Z C O R X S X A L E
H O P N N O I T N E V E R P V I E D F E T L Y
Q O O R E N K S J Z J D S J C U K T Y T M E E
J F P A G K O A Y Y F X H C S N A A R O I T O
D A A E Y A K F F Y O D O W A O E I E N S O S
N G L L U I V K T Z A U J O Y I P R V Y S H O
B I S M G S P A D G H S C I D T S P O E O F U
W D B C O N F E R E N C E B E A E O C K U G Q
H N C P D V Y R F T A H Y D T C D R E A R P G
T J I I C O E B T E M H F P V U W T R T I O M
D X P A F K E V M B A Z J E I D X R L R Y H H
G Z Q E T I R F A R C H F U Z E U G B L Y Y J

- Education
- Meeting
- Airport
- Hotel
- Breakfast
- Session
- Learning
- Friends
- Missouri
- Prevention
- Speakers
- Keynote
- Arch
- Recovery
- Conference



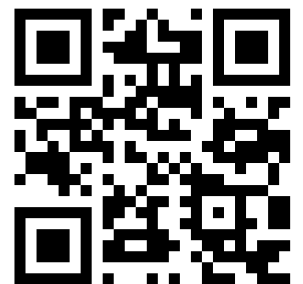


**Text
“START”
to 36072**

...You Can Quit. We Can Help.

Are you 18-24? You can get the support you need to quit smoking or vaping for good.

- Five FREE coaching sessions by phone, live text or online chat
- Free quit medications*
- Caring coaches who understand your struggle with commercial tobacco
- Operated by National Jewish Health, the nation's leading respiratory hospital



MISSOURI TOBACCO
QUIT SERVICES

To learn more or enroll,
visit www.YouCanQuit.org
or call 1-800-QUIT-NOW today.

SMART

State of Missouri Alcohol Responsibility Training

The State of Missouri Alcohol Responsibility Training (SMART) program is an interactive, web-based course available free of charge to those who own or work for any Missouri establishment licensed to sell alcohol.

Two separate trainings are available; one for individuals who sell alcohol at retail outlets such as liquor stores, gas stations, grocery stores, etc. and one for individuals who serve alcohol at by the drink establishments such as bars, restaurants, and nightclubs.

SMART will educate you and your employees about:

- Recognition of fake ID's.
- Acceptable forms of identification.
- Prevention of service to minors.
- Laws and liability concerns related to selling to underage or intoxicated customers.

Benefits:

- Free to all participants.
- Available 24 hours a day, 7 days a week with an internet connection.
- Excellent for training staff quickly in high-turnover environments.
- The Division of Alcohol and Tobacco fully supports the SMART program, and participation in this program will be considered when determining the extent of the retailer's efforts to prevent violations.

To learn more and access the training, visit smartmo.education

SHOW ME

Education and Compliance Training for Tobacco and Nicotine Retailers

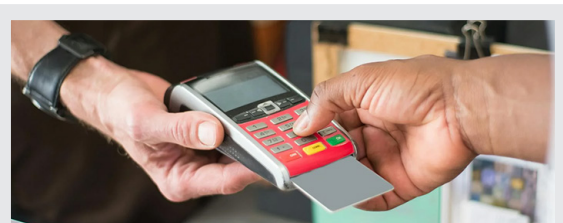
Show Me is a state-wide training program for owners, managers and clerks of establishments that sell tobacco and nicotine products.

The Missouri Show Me Retailer Training was developed to provide the information and tools necessary for retailers that sell tobacco and nicotine products to comply with the federal, state, and local laws. This program will highlight why the retail environment is an important place to help protect young people from addiction and disease while also providing additional insight on the various agencies responsible for regulation and enforcement of tobacco and nicotine sales.

Benefits of Show Me:

- Learn the importance of addressing youth tobacco use in the retail environment.
- Know how to comply with federal and state laws.
- Understand the various agencies responsible for regulation and enforcement of the tobacco industry.
- Know how to better detect false ID's.

To learn more and access the training, visit showmetobacco.education





Leaders in hazing research and prevention.

StopHazing is a trailblazer in conducting hazing prevention research and a leader in developing data-driven strategies that support safe and welcoming school, campus, and organizational climates.



Our Services:

- New Online Hazing Prevention Curriculum
- Hazing Prevention Consortium (HPC)
- Hazing Prevention Academy (HPA)
- Workshop Facilitations & Interactive Trainings
- Webinars, Summits, Academies, & Institutes
- Hazing Climate & Campus Culture Assessments
- Hazing Prevention Consulting & Coaching
- No-Cost Online Resources

RESEARCH TO
PRACTICE

COLLABORATION

LEADERSHIP

2024 MOM CEUs

For all keynotes, workshops/institutes, and educational sessions, continuing education credits (CECH credit for CHES, CEUs for counselors, social workers, psychologists, and MCB substance misuse professionals) are available. For a selected number of sessions, CEs for nurses and physicians and POST for law enforcement are provided and are noted in the description of each session.

The Meeting of the Minds Conference is offering CEU (continuing education units) for the following professionals: nurses, counselors, social workers, psychologists, and law enforcement. We are also offering CECH credit for those with the CHES credential and CEU hours for those with credentials from the Missouri Credentialing Board.

Information about the CEU available for each session will be available on the conference schedule and on the app.

Please note: In order to receive CEUs for the MOM Conference you must:

- Attend live sessions for the entirety of the session and sign in on the sign in sheet. In the case of keynotes, please sign in at the sign in sheet at the registration desk after the event.
- Complete an evaluation of each session you attend on the evaluation site (mopiptraining.org/mom/evaluate) and complete the final evaluation for the conference.

Here are the accreditation statements from each of our CEU providers:

POST Credit

The following sessions have been approved by POST for credit for law enforcement professionals. You must sign in at the event and will receive your POST Certificate(s) after the conference.

- SFST Refresher Testing Program
- Extended Session: The Overdose Chain of Survival: Emergency Response in the Fentanyl Era
- Cannabis Studies: What Traffic Safety Professionals Need to Know
- Special Events Management On-Campus and Off-Campus
- Compliance Check Investigations Review
- Strategies to Address Tobacco and Alcohol Misuse in Communities
- Body Language of Impairment: Insights from DRE to RN

Continuing Medical Education and Nursing Contact Hours

Missouri Partners in Prevention has applied for Continuing Education for Nurses and Continuing Medical Education through The University of Missouri - Columbia School of Medicine and University of Missouri Sinclair School of Nursing, pending approval. At the time of the printing of this document, total number of credit hours have not yet been approved. Check the Guidebook app and CEU materials in your registration envelope for the most updated list of credit hours.

Continuing Education from Missouri Credentialing Board for those with MCB Credentials or substance abuse prevention providers:

The following training has been approved by the MCB:

Meeting of the Minds Conference for a total of up to 16 Contact Hours on April 4 - 6, 2024.

Continuing Education for Social Workers, Counselors, Psychologists and Mental Health Workers

Program #: 24149 | Date: April 4-6, 2024 | Title: Meeting of the Minds | Format: In-Person, Synchronous | Location: St. Louis Airport Marriott

Missouri Institute of Mental Health (MIMH) Accreditation

The University of Missouri-St. Louis, Missouri Institute of Mental Health will be responsible for this program and will maintain a record of your continuing education credits earned.

MIMH awards up to 16 clock hour(s) or 19.2 contact hour(s) (1.92 CEUs) for this program.

This program includes up to 4.25 clock hour(s) towards Suicide Prevention.

- April 5: 11:00am-12:00pm Educational Sessions, Block 2: Conversations for Suicide Safer Homes: A CALM-informed training, 2:45pm-3:45pm Educational Sessions, Block 4: Suicide Prevention: Building Confidence & Compassion Around a Difficult Conversation
- April 6: 9:45am-12:00pm Extended Educational Sessions: The 988 Suicide & Crisis Lifeline: Engaging MO Communities and Campuses

This program includes up to 3 clock hour(s) towards Cultural Competency.

- April 5: 9:45am-10:45am Educational Sessions, Block 1: Beyond #MeToo; Culturally Informed Case Management Practices, 11:00am-12:00pm Educational Sessions, Block 2: What's the Big Fat Deal, 1:30 - 2:30: Greek 101; Expanding Confidentiality: Student Services for Identity-Based and Equity Related Trauma

CECH Credit for Health Education Professionals

Sponsored by Missouri Partners in Prevention, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) to receive up to 16 total Category I contact education contact hours. No CECH have been approved for advanced-level credits. No Continuing Competency CECH were approved. Provider ID# 101895.



Join the Conversation!

#MOMinds24



Meeting of the Minds

2024 Missouri Partners in Prevention and
Central College Health Association Annual Conference

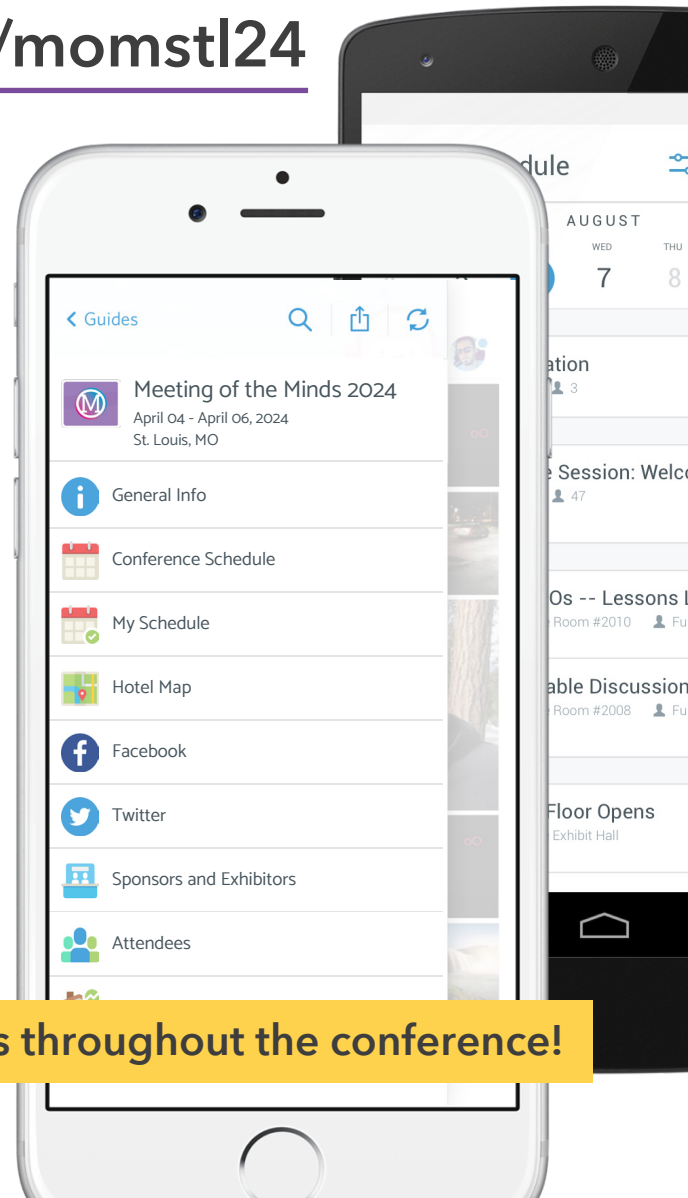
Check out our mobile guide!

Download the free guidebook app here:

guidebook.com/g/momstl24

Tap “Download the app” to access the guide on your iOS or Android device.

Prefer the web version? Some content and networking tools may be available to you online.



Turn on push notifications to get updates throughout the conference!