



Meeting of the Minds

2026 Missouri Partners in Prevention and
Central College Health Association Annual Conference

Conference Guide

April 9-11, 2026 in St. Louis, Missouri

Be sure to let us know about your session experiences!
Scan here or visit mopiptraining.org/mom/evaluate



Join the Conversation!

#MoMinds26



Annual Spring Conference

Dear Conference Participants,

Welcome to St. Louis for the Annual Meeting of the Minds Conference! On behalf of the conference staff and the many individuals who have worked tirelessly to make this conference a reality, we are thrilled that you chose to join us here this weekend. This year's conference line-up includes a variety of great institutes, educational sessions and keynotes designed to help you learn more about effective prevention strategies and health, wellness, and campus safety topics.

This year, we are excited to be joined by the Central College Health Association for their annual conference. We welcome those attendees joining us from CCHA and hope that you enjoy your Meeting of the Minds experience!

Thank you for joining us for three days packed with fun educational sessions and energizing and inspiring keynote presentations. The conference schedule is full of great sessions relevant to everyone in attendance. Missouri Partners in Prevention and the Central College Health Association have collaborated to bring you some of the best information and experiences available!

We hope you enjoy looking at the great lineup of sessions. We have provided information about CEUs on the website (mopiptraining.org/mom) and the Guidebook app.

If at any time you need special assistance during the conference, please approach any member of the conference staff, wearing "Conference Staff" ribbons on their nametag. We will do our best to make this an enjoyable conference experience for you.

Thank you again for joining us! Enjoy the conference!

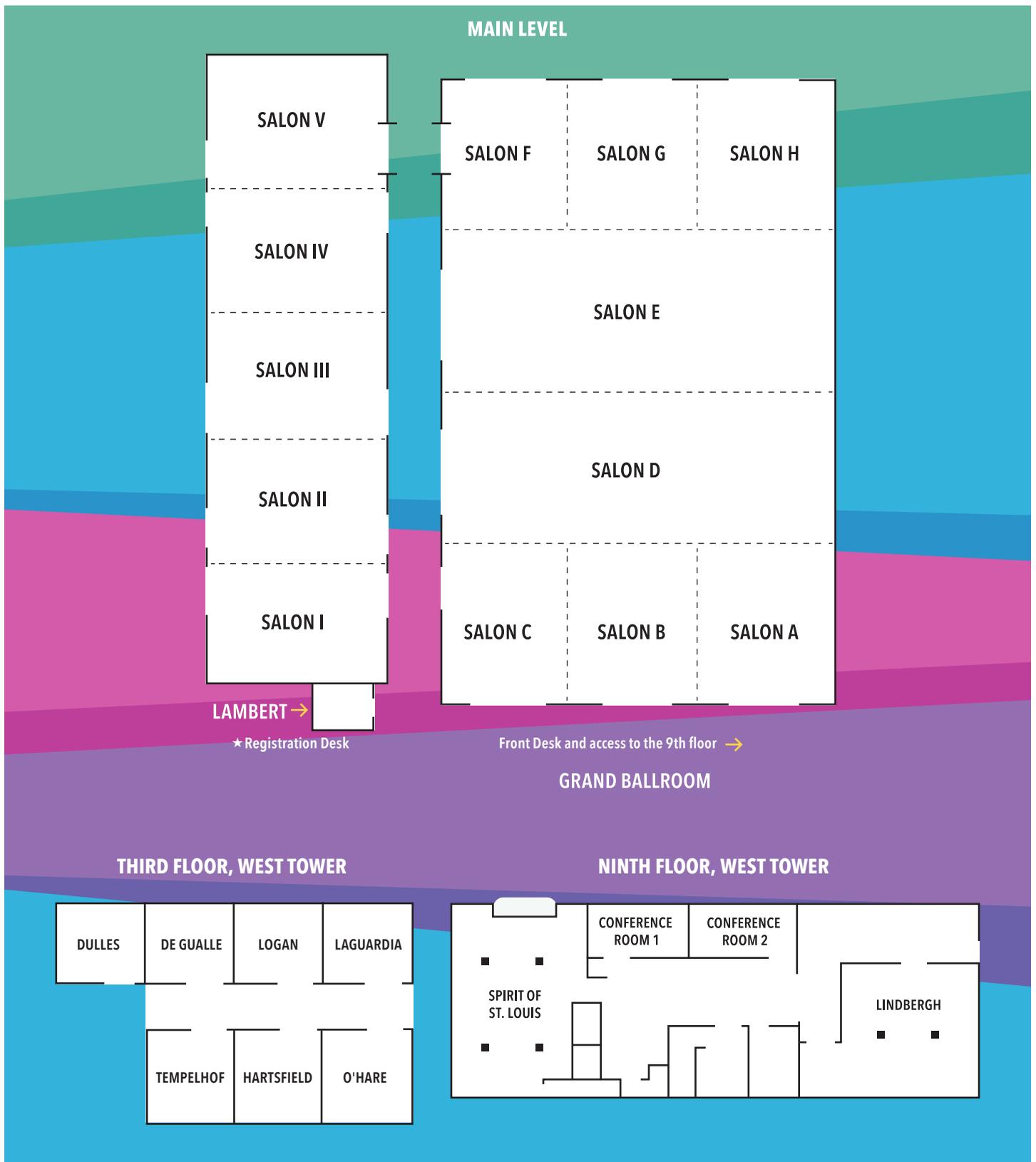
A handwritten signature in black ink that reads 'Joan Masters'.

Joan Masters
Meeting of the Minds Conference Coordinator
Project Director, Missouri Partners in Prevention
University of Missouri

A handwritten signature in black ink that reads 'Andreea Baker'.

Andreea Baker
CCHA Conference Nurse Planner
Health & Wellness Director, Division of Student Affairs
Doane University

Conference Map



Note: Access the 3rd and 9th floor rooms from the elevator bank behind the front desk of the hotel.

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Schedule at a Glance

Use this abbreviated schedule for quick reference

For the most up to date information and session descriptions, please visit mopiptraining.org/mom, Guidebook at guidebook.com/g/2026motm or the registration desk in the elevator lobby.

Thursday, April 9

8am-8pm Registration Table Open in Lobby Foyer

10am-1pm Extended Law Enforcement Conference Session: Over the Counter, Under Arrest

2pm-5pm Afternoon Half-Day Conference Workshops

2pm-6pm Sensory Space to Relax and Recharge

2pm-3:15pm Session Block 1

3:30pm-4:45pm Session Block 2

5pm-6pm Visit with Exhibitors

5pm-5:45pm Open 12 Step Meeting

6pm-8pm Opening Dinner, 2026 PIP & CCHA Awards, and Keynote

8pm Student Social

Friday, April 10

7am-5pm Registration Table and Presenters Table Open in Lobby Foyer

7:15am-8:15am Continental Breakfast available in Ballroom Foyer

8am-6pm Sensory Space to Relax and Recharge

8:15am-9:15am Morning Keynote

9:15am-9:45am Poster Sessions in Lobby Foyer

9:45am-10:45am Session Block 3

10:45am-11am Break with Exhibitors

11am-12pm Session Block 4

12pm-1:15pm Lunch Roundtable Sessions

1:30pm-2:30pm Session Block 5

2:30pm-2:45pm Break with Exhibitors

2:45pm-3:45pm Session Block 6

3:45pm-4pm Break with Exhibitors

4pm-5pm Sessions Block 7

5pm CCHA Meeting

Saturday, April 11

7am-12pm Registration Table Open in Lobby Foyer

7:15am-8:15am Continental Breakfast available in Ballroom Foyer

8:15am-9:15am Morning Keynote

9:15am-9:45am Mid-Morning Break (*time to check out of hotel*)

9:45am-10:45am Session Block 8

10:45am-11am Break

11am-12pm Session Block 9



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Thursday, April 9

8am-8pm Registration Table Open, [Lobby Foyer](#)

10am-1pm Extended Law Enforcement Conference Session

- [Over the Counter, Under Arrest](#), [Spirit of St. Louis](#), 9th floor

2pm-5pm Afternoon Half-Day Conference Workshops

- [Counseling on Access to Lethal Means \(CALM\)](#), [Salon F](#)
- [Drugs that Cause Officer Safety Issues](#), [Spirit of St. Louis](#), 9th floor
- [Dungeons, Dragons, and Collegiate Mental Health Support: How Washington University in St. Louis and Crowder College have "Gamed" Mental Health Support](#), [Salon 5](#)
- [Facilitation That Connects: Practical Skills for Leading Engaging, Inclusive Groups](#), [Lindbergh](#), 9th floor
- [Talking About Cannabis: Evidence, Impact, and Supportive Conversations](#), [Salon 1](#)

2pm-3:15pm Session Block 1

- [10 Signs of Healthy and Unhealthy Groups: A Toolkit, Training, and Facilitation Materials](#), [Salon 4](#)
- [Behind the Uniform: One Student-Athlete's Journey Around Body Image, Identity, and Eating Disorder Recovery](#), [Salon 3](#)
- [Making the Most of Student Health Surveys: From Participation to Dissemination](#), [Salon GH](#)
- [Opioids and Pain Management: Best Practices in Acute and Chronic Opioid Therapy](#), [Salon 2](#)

2pm-6pm Sensory Space to Relax and Recharge, [Conference Room 2](#), 9th floor

3:30pm-4:45pm Session Block 2

- [Fostering Safe Campuses: Supporting LGBTQIA+ Students and Healthy Relationships](#), [Salon 3](#)
- [From Screening to Support: Managing Eating Disorders on Campus](#), [Salon 2](#)
- [Safe\(r\): Our Responsibility](#), [Salon GH](#)
- [The Lonely Dog: The Impact of Hazing on Mental Health](#), [Salon 4](#)

5pm-5:45pm Open 12 Step Meeting, [Salon GH](#)

5pm-6pm Visit with Exhibitors, [Ballroom Foyer](#)

6pm-8pm Dinner, Presentation of 2026 Awards, and Opening Keynote, [Grand Ballroom](#), [Salons A-E](#)

[The Permission You Didn't Know You Needed](#), [Anne Rulo](#), [LMFT, LPC](#), [speaker/author/therapist](#)

8pm Student Social, [Salon 1](#)



ask listen refer

Ask Listen Refer is **anonymous**,
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15-20 minutes to complete.



Help prevent suicide! Learn more @ asklistenrefer.org

Friday, April 10

7am-5pm Registration Table Open, [Lobby Foyer](#)

7:15am-8:15am Continental Breakfast, [Ballroom Foyer](#)

8am-6pm Sensory Space to Relax and Recharge, [Conference Room 2, 9th floor](#)

8:15am-9:15am Opening Panel, [Grand Ballroom, Salons A-E](#)

Forging our Path Forward: A Conversation with Prevention Leaders and Researchers

9:15am-9:45am Poster Sessions, [Lobby Foyer](#)

9:45am-10:45am Session Block 3

- Both/And, Not Either/Or: Building Campus Partnerships for Policy Education and Support, [Salon 5](#)
- Building a Strong DWI Case Through Effective Testimony, [Salon 1](#)
- Closing the Gap: Helping College Students Navigate Health Insurance, [Salon F](#)
- Condoms, Consults, and Clarity: Sexual Health at an SEC University, [Lindbergh, 9th floor](#)
- Navigating Tomorrow with Care: Creating a Consent-Centered Workplace, [Salon H](#)
- Nicotine Replacement Therapy as a Campus Wellness Tool: Supporting Tobacco and Vape Cessation, [Salon G](#)
- Preventing Risky Road Use Behaviors Among College Students Using a Peer Health Education Model, [Salon 4](#)
- Recognizing Drug Impairment in the Classroom, [Salon 3](#)
- Stop Campus Hazing Act: Federal Policy Update and Implications for Practice, [Spirit of St. Louis, 9th floor](#)
- Why We Shouldn't be Surprised: Exploring the Connections of Trauma, Problematic Substance Use, and Behavior, [Salon 2](#)

10:45am-11am Break with Exhibitors, [Ballroom Foyer](#)

11am-12pm Session Block 4

- Caring for Yourself While Caring for Others: Reducing Helper Burnout, [Salon 5](#)
- Engage Demo Session: How We Build Connected and Caring Campus Communities, [Salon H](#)
- Engaging Faculty as Partners in Student Well-being, [Lindbergh, 9th floor](#)
- From Service to System: Dallas College's Student Well-being and Social Support as a Proven Model for Holistic Student Success, [Salon 3](#)
- Living in a Cannabis Culture: Prevention, Risk Mitigation, and Treatment, [Salon 2](#)
- Peer Educator to Professional: Transferable Skills Gained Through Peer Education, [Salon 4](#)
- Sports Betting Through the Ages: Attitudes, Games, Treatment, and Prevention, [Spirit of St. Louis, 9th floor](#)
- We Made it Home - Now What?, [Salon 1](#)
- Whole Student, Whole Campus: Integrating Health, Counseling, and Case Management Services, [Salon F](#)
- You Are Invited to the Policy Party: Using Data to Build Capacity and Make Data-Driven Decisions, [Salon G](#)

12pm-1:15pm Lunch Roundtables

Topics:

- 2-Year Schools and Community Colleges, [Salon 1](#)
- Addressing Gambling and Sports Betting on Campus, [Salon 4](#)
- Cannabis Prevention, [Salon 2](#)
- CCHA and Student Health Centers, [Salon 3](#)
- Difficult Conversations: Speaking and Intervening with Students in their Toughest Times, [Salon 5](#)
- Peer to Peer: Experiences in Health Education, [Grand Ballroom, Salons A-E](#)



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Friday, April 10 *continued*

1:30pm-2:30pm Session Block 5

- Behind the Counter and Beyond the Cloud: What Tobacco Enforcement Really Looks Like on the Ground, [Salon G](#)
- Breaking Barriers, Building Access: Sexual and Reproductive Healthcare in Missouri, [Lindbergh, 9th floor](#)
- Creating Hope and Healing After Loss: Using Storytelling and STEAM to Support Healing Following a Suicide Loss, [Salon 5](#)
- An Innovative Approach to Implementing Evidence-Guided Alcohol Interventions, [Salon 3](#)
- Fake IDs: Recognition and Prevention, [Salon 1](#)
- Hazing Prevention Education, [Spirit of St. Louis, 9th floor](#)
- Keeping Up with Cannabis Trends and Mental Health, [Salon 2](#)
- Let's Talk BookTok, [Salon H](#)
- Mental Health Screening: Cost-Effective Public Health Strategies and Data Utilization, [Salon F](#)
- Power of Passive Programming, [Salon 4](#)

2:30pm-2:45pm Break with Exhibitors, [Ballroom Foyer](#)

2:45pm-3:45pm Session Block 6

- Campus Care 2.0: Using Wearables and VR to Transform Health and Well-being at an HBCU, [Salon G](#)
- Do 'Well-being' Surveys Measure Up?, [Salon 4](#)
- From Prevention to Pedagogy: Launching a Credit-Bearing Course in Resource-Constrained Times, [Lindbergh, 9th floor](#)
- Kratom 101: What it Is, What it Isn't, and Why it Matters, [Salon 2](#)
- Leveraging Community Partners to Prepare for and Navigate Times of Disruption, [Spirit of St. Louis, 9th floor](#)
- Navigating DWI Arrests, [Salon 1](#)
- Ordinary and Presumptive Trauma: Exploring the Psychological Impacts of Oppression, [Salon H](#)
- Overdose Prevention and Naloxone Administration, [Salon 3](#)
- Suicide Prevention: Building Confidence and Compassion Around a Difficult Conversations, [Salon 5](#)
- Testing, Testing 1,2,3: Asynchronous STI Screening Visit, [Salon F](#)

3:45pm-4pm Break with Exhibitors, [Ballroom Foyer](#)

4pm-5pm Session Block 7

- Alcohol, Cannabis, and Team Success: Lessons from the Field, [Salon 2](#)
- Beyond the Slides: Tailoring Alcohol Skills Training for the Fraternity and Sorority Life Experience, [Salon 3](#)
- Early Detection = A Healthy Campus: Tuberculosis Screening in the Higher Education Setting, [Salon F](#)
- From One-Size-Fits-All to Personalized Care: Expanding Mental Health Support on Campus through Stepped Care and Outreach, [Lindbergh, 9th floor](#)
- How a Health Education Office Harnessed/Utilized a Local Nonprofit to Decrease Student Stress and Achieve Academic Success, [Salon H](#)
- Mental Health Equity for Black Women and the Superwoman Schema, [Salon G](#)
- My Entire Life Changed in a Second, [Salon 4](#)
- Trauma Informed Sexual Assault Investigations and Sexual Violence Prevention, [Salon 1](#)

5pm-6pm CCHA Meeting, [Salon 5](#)

Refreshments Sponsored by:  pyramed



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Saturday, April 11

7am-12pm Registration Table Open, [Lobby Foyer](#)

7:15am-8:15am Continental Breakfast, [Ballroom Foyer](#)

8:15am-9:15am Keynote, [Grand Ballroom, Salons A-E](#)

Be the Difference: Belonging is the Support We Need, [Gaelin Elmore](#)

9:15am-9:45am Mid-Morning Break (time to check out of the hotel)

9:45am-10:45am Session Block 8

- Building the Data Story: Enhancing Campus Traffic Safety Efforts with a Layered Data Approach, [Salon F](#)
- Designing Health Education That Heals: Trauma-Informed and Inclusive Approaches, [Salon 5](#)
- Sex in the Dark, [Salon 4](#)
- The Belonging Need: Understanding Belonging to Go From Surviving to Thriving, [Salon 2](#)
- The Sleep Blueprint: A Coaching Framework for Student-Centered Sleep Consultations, [Salon 3](#)
- Violence Prevention, Harm Reduction, and Community Mobilization in Times of Pushback, [Salon G](#)
- When Tension Rises, De-Escalation Basics for Campus Life, [Salon 1](#)

10:45am-11am Break

11am-12pm Session Block 9

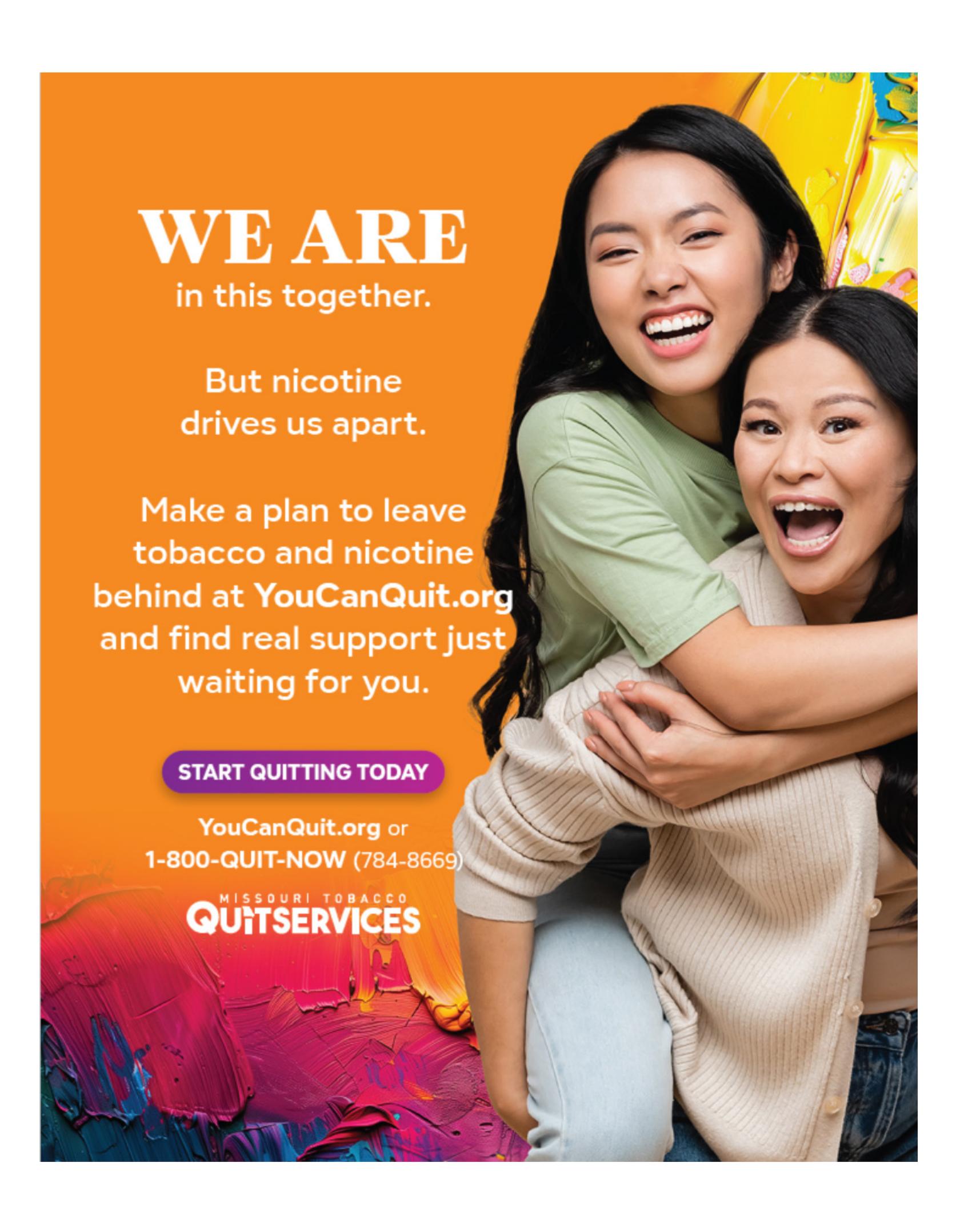
- Belonging Starts with Me: Strategies to Increase Belonging Among Students, [Salon 2](#)
- Connecting the Dots: Working with Fraternities and Sororities, [Salon 4](#)
- Deconstructing the Stigma and Building Successful Peer Support and Wellness Programs, [Salon 1](#)
- Empowering Voices: Engaging Graduate and Professional Students in Relationships and Sexual Violence Prevention Efforts, [Salon G](#)
- Promoting Health and Well-being through Data Storytelling, [Salon F](#)
- Walk the Talk: Supporting a Student Organization That Lives Its Values, [Salon 5](#)

Be sure to let us know about your session experiences!
Scan here or visit mopiptraining.org/mom/evaluate



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WE ARE

in this together.

But nicotine
drives us apart.

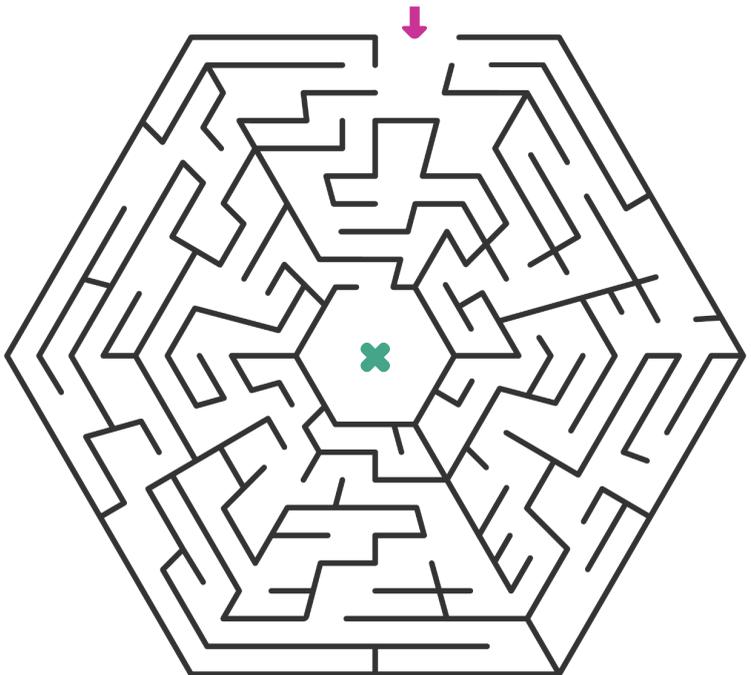
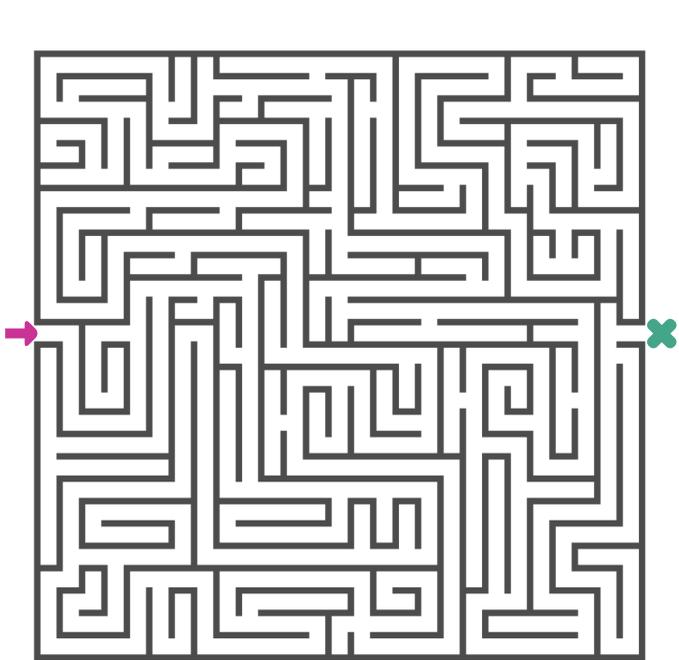
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Health and Wellness Word Scramble

NIIGBK	
ON KSOMGNI	
CEREXISE	
RHTEPAY	
SAILCO	
LISPAYCH	
EIEALLBR	
NEAOTLOIM	
ORUVEENLT	
AITVSIICTE	
IOCPNG	
SRTESS	
FIAILNNCA	
ALEMTN	
SOGLA	
GKINWAL	
AGHLU	
ISRPTLAIU	
NIIGWMMS	
SELWNLES	

Sudoku

Fill empty cells with numbers 1-9 so that each number appears exactly once in every row, column, and 3x3 block. No number may repeat in any row, column, or 3x3 block.

		1		9		6	2
4		3		6	5		
	2					3	5
5			4				1
			9		1	6	8
	9		6	3	8		4
	8	5			3	4	7
				8			6
	1	9		4		5	8



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SMART

State of Missouri Alcohol Responsibility Training

The State of Missouri Alcohol Responsibility Training (SMART) program is an interactive, web-based course available free of charge to those who own or work for any Missouri establishment licensed to sell alcohol.

Two separate trainings are available; one for individuals who sell alcohol at retail outlets such as liquor stores, gas stations, grocery stores, etc. and one for individuals who serve alcohol at the drink establishments such as bars, restaurants, and nightclubs.

SMART will educate you and your employees about:

- Recognition of fake ID's.
- Acceptable forms of identification.
- Prevention of service to minors.
- Laws and liability concerns related to selling to underage or intoxicated customers.

Benefits:

- Free to all participants.
- Available 24 hours a day, 7 days a week with an internet connection.
- Excellent for training staff quickly in high-turnover environments.
- The Division of Alcohol and Tobacco fully supports the SMART program, and participation in this program will be considered when determining the extent of the retailer's efforts to prevent violations.

To learn more and access the training, visit smartmo.education

SHOW ME

Education and Compliance Training For Tobacco and Nicotine Retailers

Show Me is a state-wide training program for owners, managers and clerks of establishments that sell tobacco and nicotine products.

The Missouri Show Me Retailer Training was developed to provide the information and tools necessary for retailers that sell tobacco and nicotine products to comply with the federal, state, and local laws. This program will highlight why the retail environment is an important place to help protect young people from addiction and disease while also providing additional insight on the various agencies responsible for regulation and enforcement of tobacco and nicotine sales.

Benefits of Show Me:

- Learn the importance of addressing youth tobacco use in the retail environment.
- Know how to comply with federal and state laws.
- Understand the various agencies responsible for regulation and enforcement of the tobacco industry.
- Know how to better detect false ID's.

To learn more and access the training, visit showmetobacco.education



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Learn more at [mocadsv.org](https://www.mocadsv.org)

Thank you to our Sponsors!



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Thank you to the Missouri Department of Health and Senior Services for their sponsorship of the 2026 Meeting of the Minds Conference.

Thank you to our Planning Committee:

- Andreea Baker, Doane University
- Heather Bullock, Missouri Southern State University
- Rachel Frakes, University of Missouri Police Department
- Alyson Frydman, University of Missouri-Kansas City
- Kelsie Gibler, University of Missouri
- Bettina Korte-Sweede, Westminster College
- James Young, University of Missouri Police Department

Thank you to the **Partners in Prevention Staff** and the **Central College Health Association Board** for their leadership

The Meeting of the Minds is planned jointly by Missouri Partners in Prevention and the Central College Health Association. The Central College Health Association has planned the Student Health Topics and the Health and Well-Being tracks at this year's event.

Missouri Partners in Prevention receives funding and support from the Missouri Department of Mental Health, the Missouri Department of Health and Senior Services, and the Missouri Department of Transportation.

This conference is supported in part by the Centers for Disease Control and Prevention (CDC) of the US Department of Health and Human Services (DHHS) with 2 awards, 1) with a financial assistance award totaling \$98,112 with 100% of that assistance funded by the CDC and DHHS and 2) with a financial assistance award totaling \$1,949,182.00 with 100 percent funded by CDC/HHS. The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement by, the CDC, DHHS, or the US Government.

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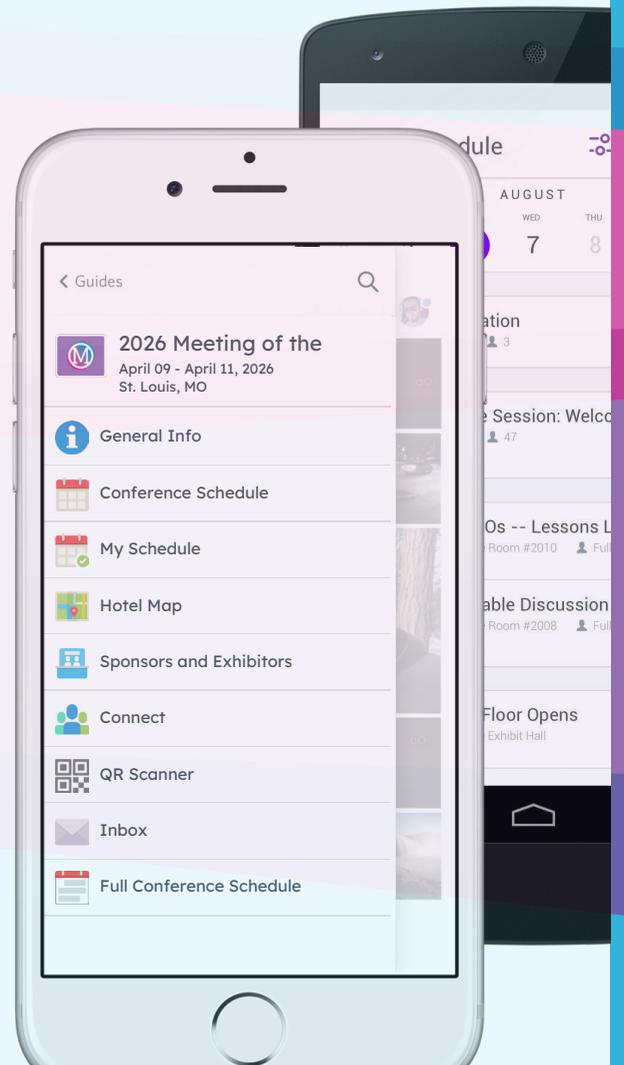
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Prefer the web version? Some content and networking tools may be available to you online.



Turn on push notifications to get updates throughout the conference!